



## WINTER 2018 ADULT TENNIS CLASS SCHEDULE

Winter I: January 8 – February 25

7 week sessions



**MEMBERS: REGISTER ONE WEEK PRIOR TO YOUR CLASS AND TAKE \$10 OFF!**

### Monday Night Madness!

Members: 109. \* Non-Members: 136.

*This is the **highest-level adult group that we offer**. While still incorporating a bit of instruction, this is mainly a class where players should **come prepared to sweat like crazy and get a terrific high-energy work-out** with lots of point-play games complete with up-beat music*

Monday 6:30 pm – 8 pm

### Instructional Tennis Drills

*The 2 weekly drills listed below are geared towards adv. beginners, intermediate, and advanced players. These drills are not designed for beginning students. Our staff will arrange each class by skill levels to make sure that everyone has the best possible experience. Come prepared each week to do some sweating as we will make sure that you get valuable instruction, a great work-out, and **fun** at the same time!*

### Wednesday Drill 9:30 am – 11 am

Members: 109. \* Non-Members: 136.

### Friday Drill 9 am – 10:30 am

Members: 109. \* Non-Members: 136.



*Our “Start/Restart” classes are designed for **those players who are absolute beginners OR for players who have been away from the game for a long time** and want to jump back into tennis. Each session is 5 weeks long with one meeting per week of 60 minutes. All of the participants receive a cool “Start/Restart” t-shirt too!*

**Members: 49. \* Non-Members: 49. \*non-members may only enroll in 2 sessions**

Monday 6:30 pm - 7:30 pm

Wednesday morning 9:30 am - 10:30 am

Wednesday evening 6:30 pm - 7:30 pm

Thursday morning 8:30 am - 9:30 am

### Find us on social media!

Twitter:@sstennisrocks \* Facebook: South Shore Tennis \* Instagram: sstennisrocks  
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