

Adult Leagues

(All leagues are doubles & members only)

MONDAY

Ladies

9:00am - 11:00am

This popular league is back! Child-care will be available during the league and all matches are at South Shore! Contact League Coordinator David Brooks to guarantee your spot in this terrific tennis program. You can e-mail David at davidbrooks_13@yahoo.com to register for this league.

TUESDAY

Beginner "Practice & Play"

9:30am - 11:00am

30 minutes of drilling/60 minutes of doubles

(The drill portion is an extra \$6 drop-in fee)

WINTER I * \$79

WINTER II * \$79

WEDNESDAY

Men's League

6:30pm - 8:00pm

(Men should contact Dave Zimmermann)

WINTER I * \$79

WINTER II * \$69

THURSDAY

Ladies 3.0+

9:30am - 11:00am

WINTER I * \$79

WINTER II * \$69

*There will be a \$6 drop-in drill from 9:00am - 9:30am

"WE DON'T
TEACH THE
EASIEST WAY TO
PLAY TENNIS, WE
TEACH THE BEST
WAY!"

-SSHRC
TENNIS STAFF



SOUTHWEST MICHIGAN'S ONLY
TENNIS, FITNESS & AQUATICS CLUB

3630 Tennis Ct., St. Joseph, MI | 429.2101 | southshorehrc.com

ADULT TENNIS

Winter I

Jan. 4 - Feb. 21

(7 weeks)

Winter II

Feb. 22 - Apr. 17

(7 weeks)

no class March 31 - April 10

Spring I

Apr. 18 - May 29

(6 weeks)



Sunday Night Tennis

5:00pm - 6:30pm

Join our Men's League Coordinator Dave Zimmermann for this laid-back evening of tennis. This is typically a higher level group of co-ed players. Contact Dave for all of the info and to get signed up.

Coming Attractions

Frequently during the indoor season, our tennis staff will be offering clinics which will focus on one particular shot or strategy. Check at the front desk for info on when these classes are. The times may vary from week to week.

Tennis 101

Friday 10:30am - 12:00pm

This class is perfect for the beginning tennis player who has little or no experience. All the basic shots will be covered along with scoring and how to play both doubles and singles.

M \$126 * NM \$162

M \$109 * NM \$139

Tennis 101.5

Friday 10:30am - 12:00pm

The Tennis 101.5 class is the next level up for players who have graduated from Tennis 101. The level of programming is often appropriate for the player who used to play, but has been away from the game for awhile and wants to get back into it. This class might be called "Advanced Beginner" or "Intermediate".

M \$126 * NM \$162

M \$109 * NM \$139

DEVELOPING ATHLETES...AND PEOPLE!**Monday Night Madness**

6:30pm - 8:00pm

M.N.M. is the highest level adult group that we offer. While still incorporating some instruction, players should come prepared to sweat like crazy and get a terrific high energy work-out complete with music. Typically the final 30 minutes of each meeting is doubles play.

M \$126 * NM \$162

M \$109 * NM \$139

**Tennis 201**

Friday 9:00am - 10:30am

This is typically an intermediate to advanced group. If you're unsure if this is the one for you, then please check with the tennis staff.

M \$126 * NM \$162

M \$109 * NM \$139

Saturday Beginner Class

9:00am - 10:00am

Dave Zimmermann heads up this class. This is perfect for the new tennis player who cannot commit to a full session of tennis.

M * \$90

NM * \$118